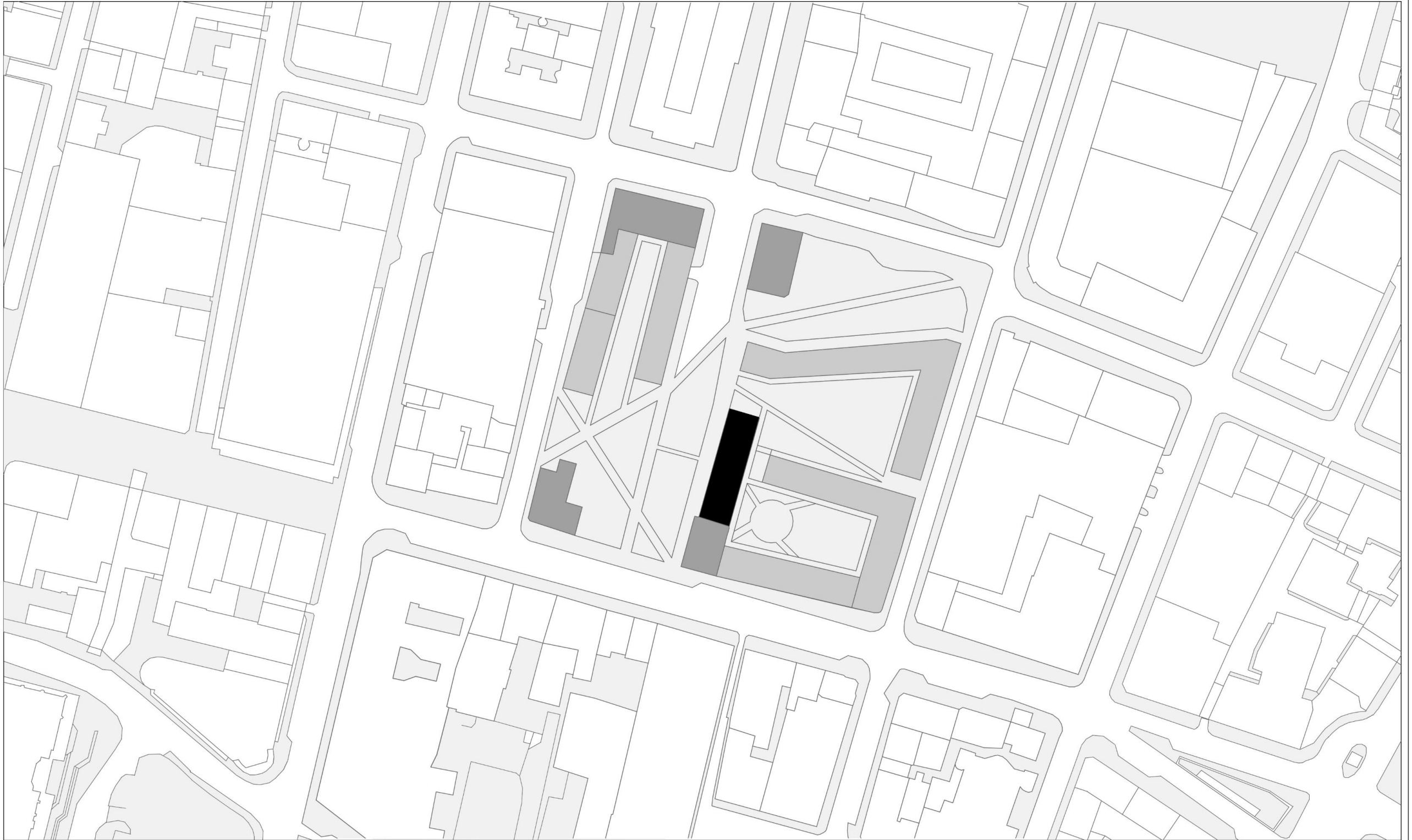


Environmental Strategy for Housing Design

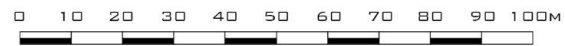


Trongate – Candleriggs
Merchant City

LOCATION PLAN



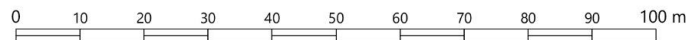
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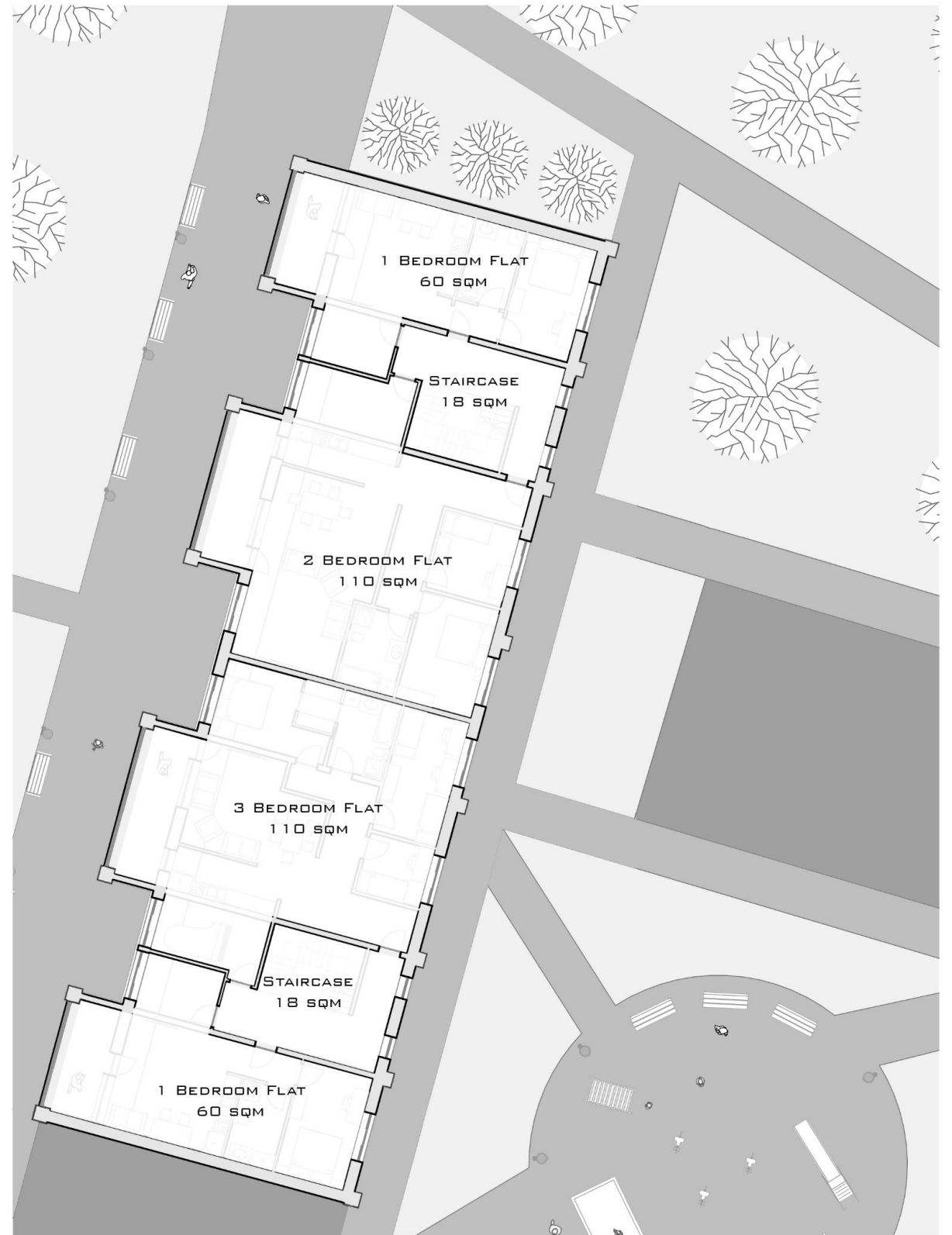
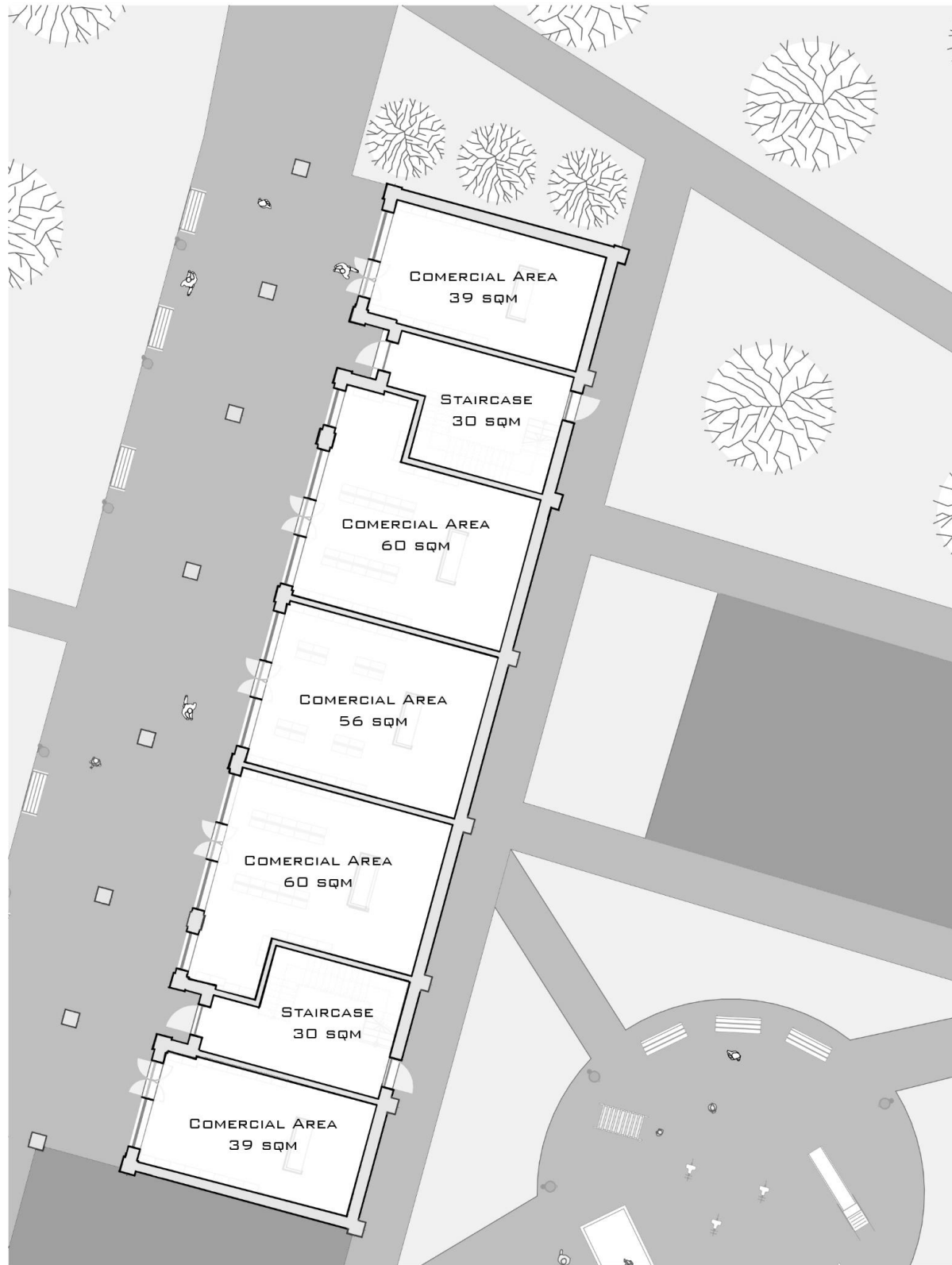
SITE PLAN



SCALE 1:500 (REDUCED)



BLOCK PLAN



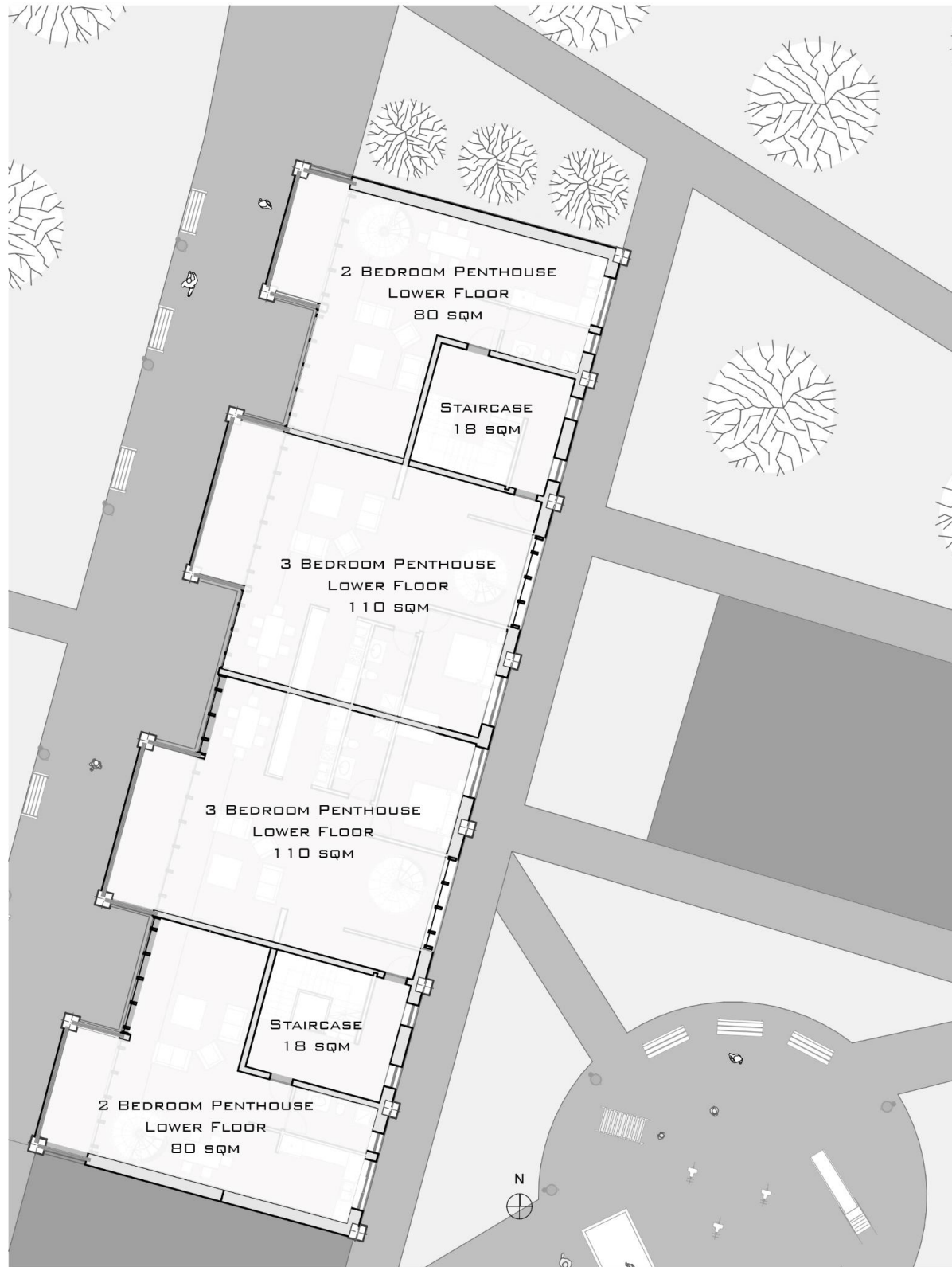
GROUND FLOOR

1-3 FLOORS

SCALE 1:200

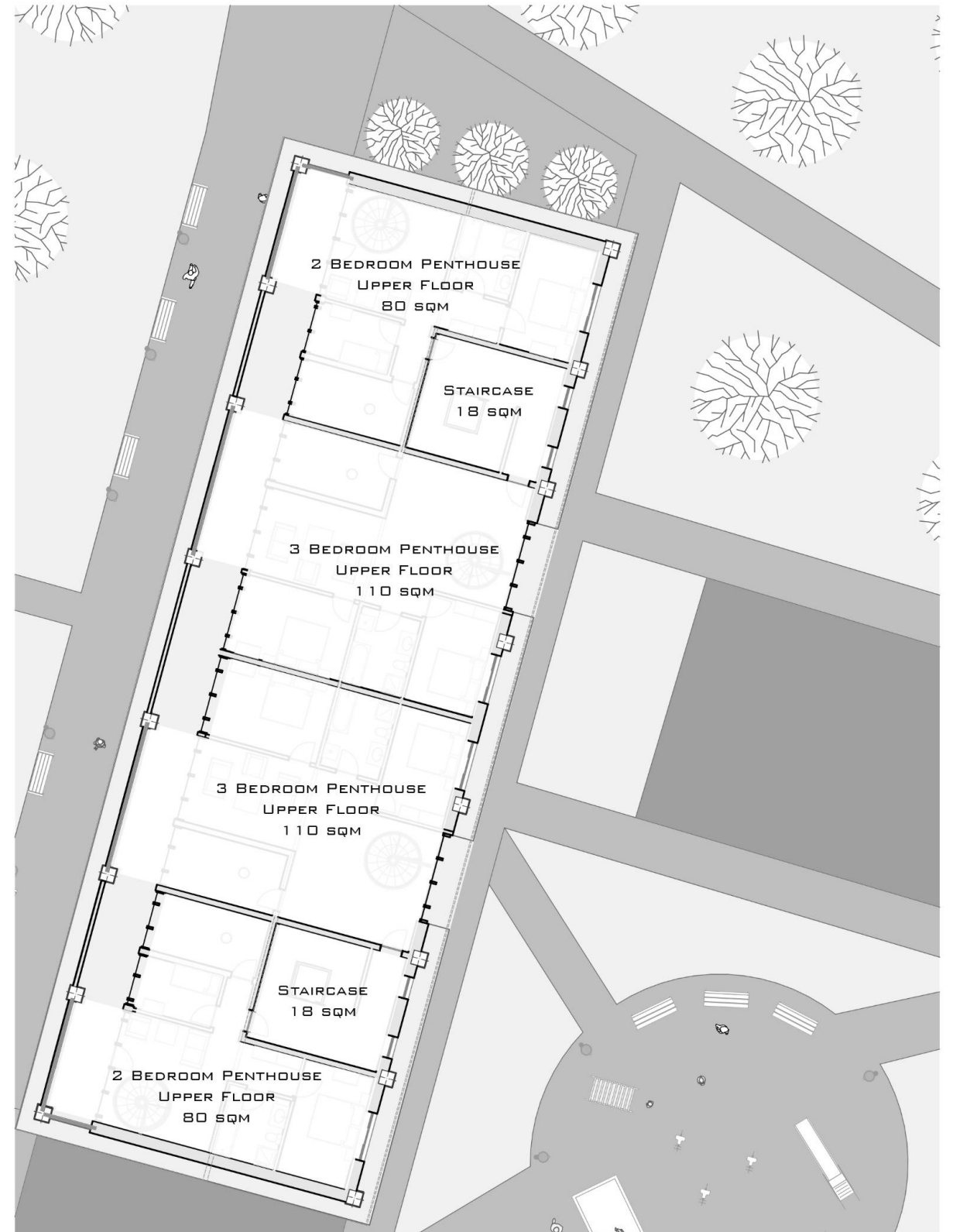


BLOCK PLAN



COMERCIAL AREA
60 SQM

4TH FLOOR



5TH FLOOR

SCALE 1:200





WEST ELEVATION



EAST ELEVATION



Building Elevations (reduced)

West Facade
354 sqm of glazing
426 sqm of solid wall

East Facade
185 sqm of glazing
595 sqm of solid wall

North Elevation
195 sqm of solid wall

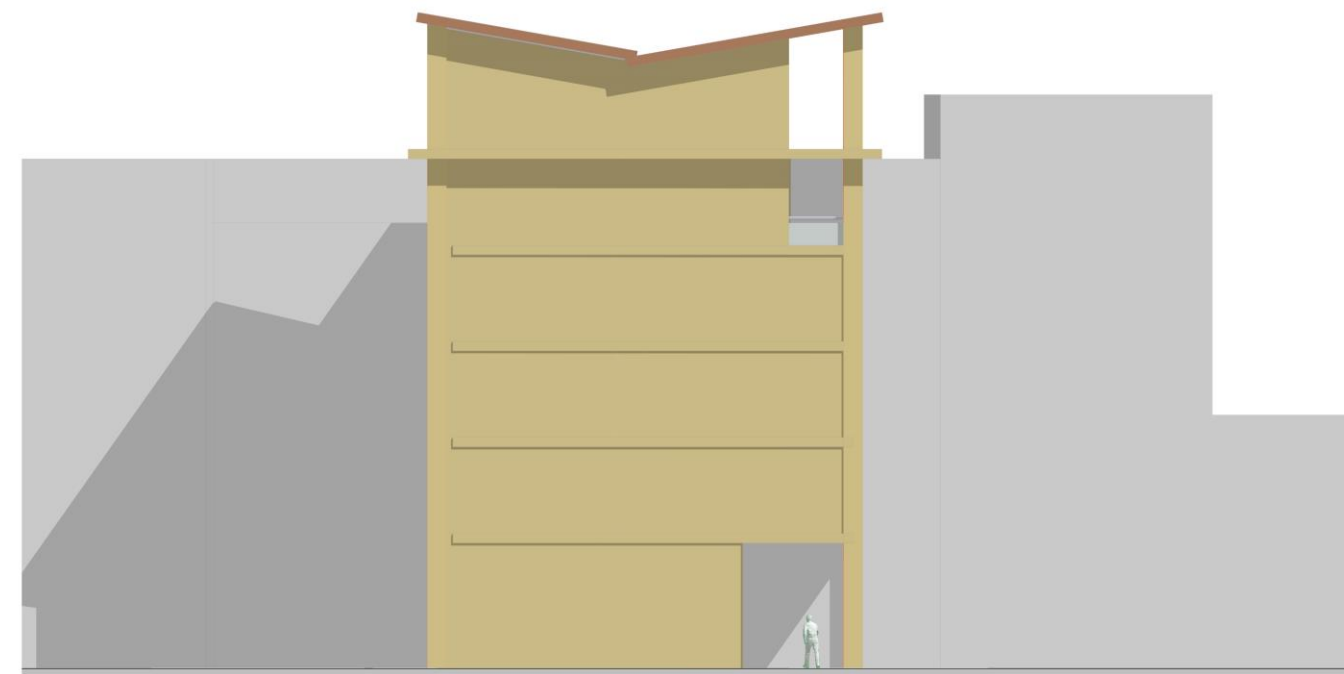
South Elevation
195 sqm of solid wall

Total Wall Area
1410 sqm
Total Glazed Area
540 sqm

Ventilation Losses		
Area of Building (m ²)	440	
Building Height	20	
Volume of Building	8800	
Total Occupancy	50	
Fresh Air Rate (l/s/p)	10	
Total Fresh Air Required (l/s)	500	
Converting from l/s to m ³ /s	0,50	
Converting from m ³ /s to m ³ /hr	1800	
Converting m ³ /hr to ACH	0,20	

Roof Area:
460sqm

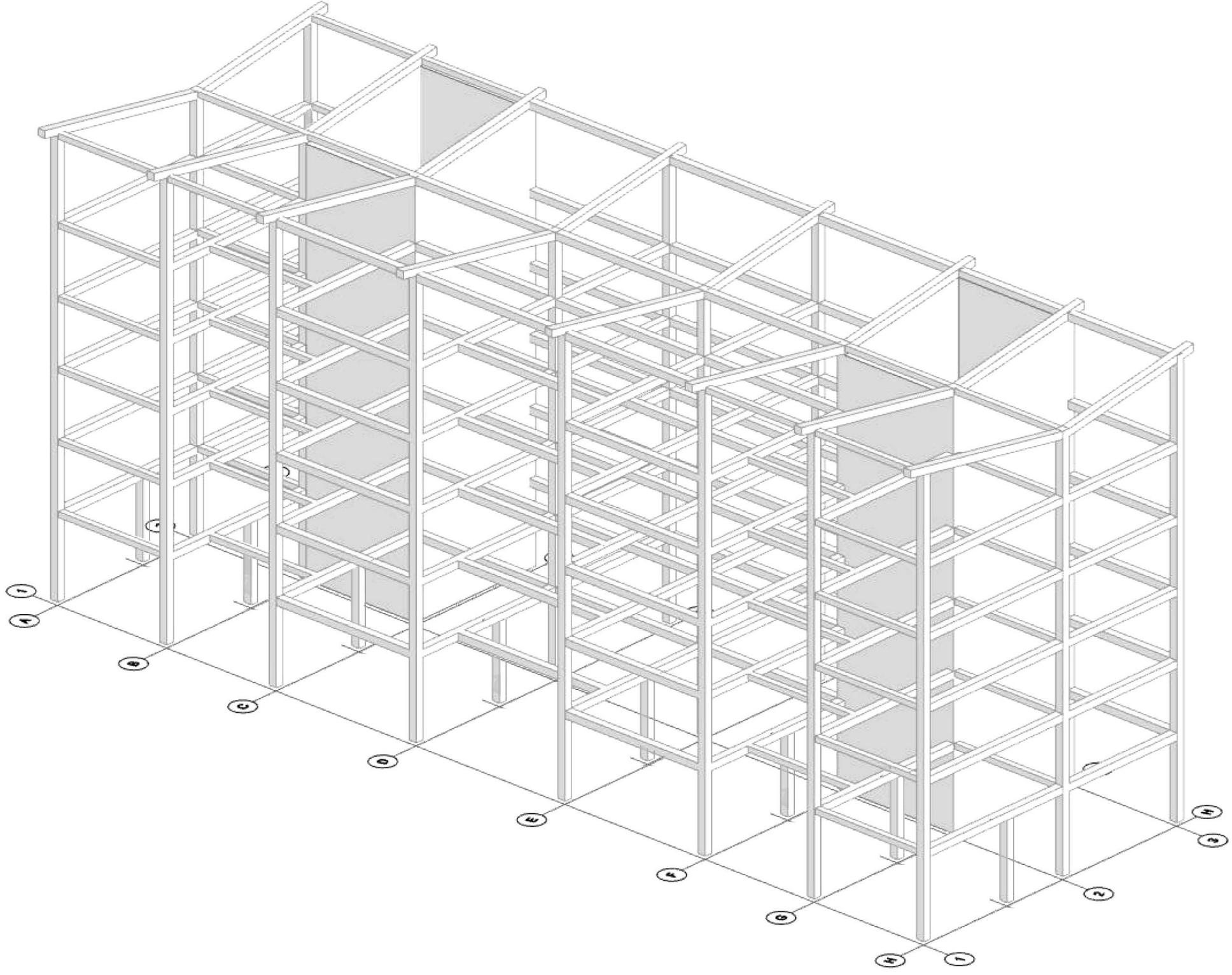
Occupancy:
50 people



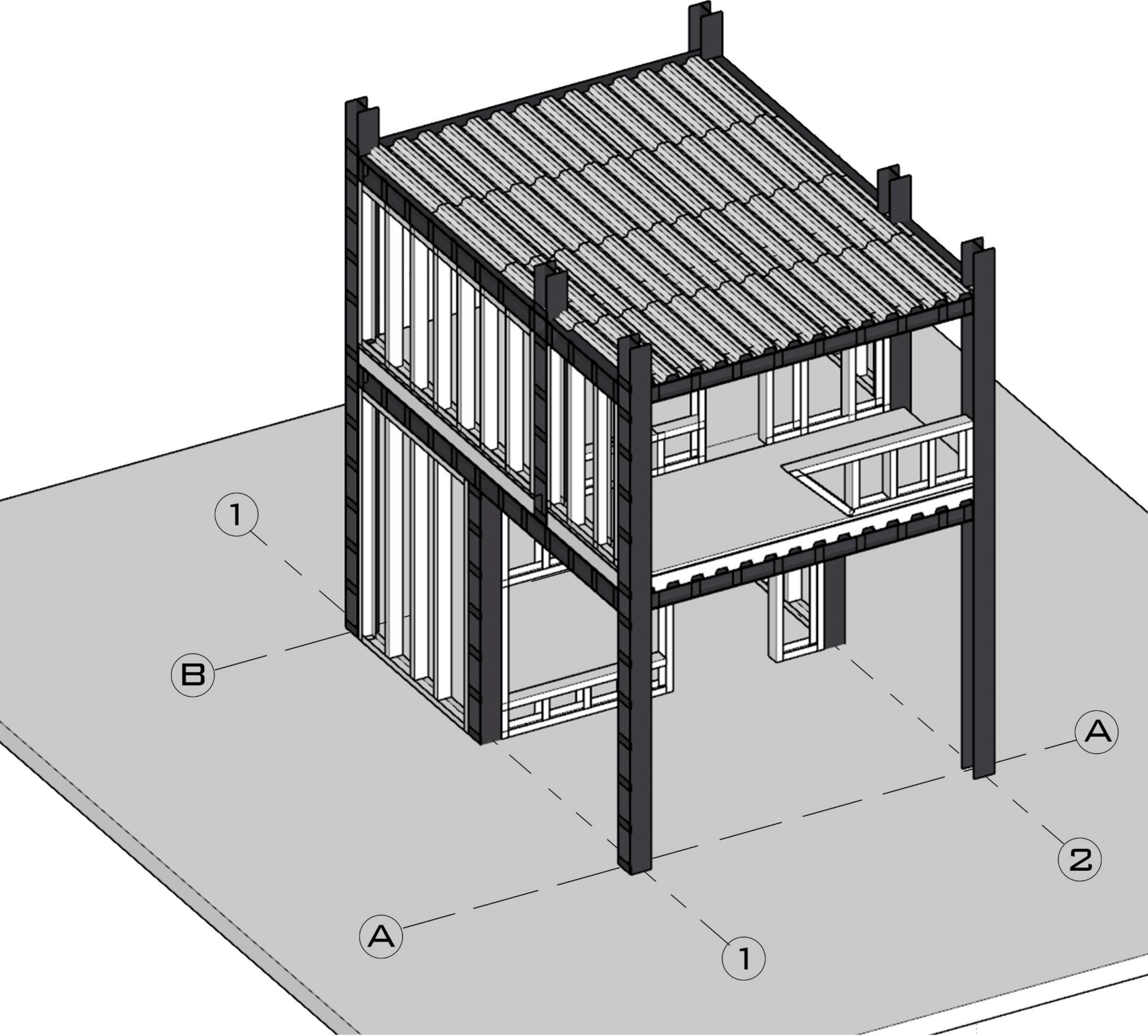
NORTH ELEVATION

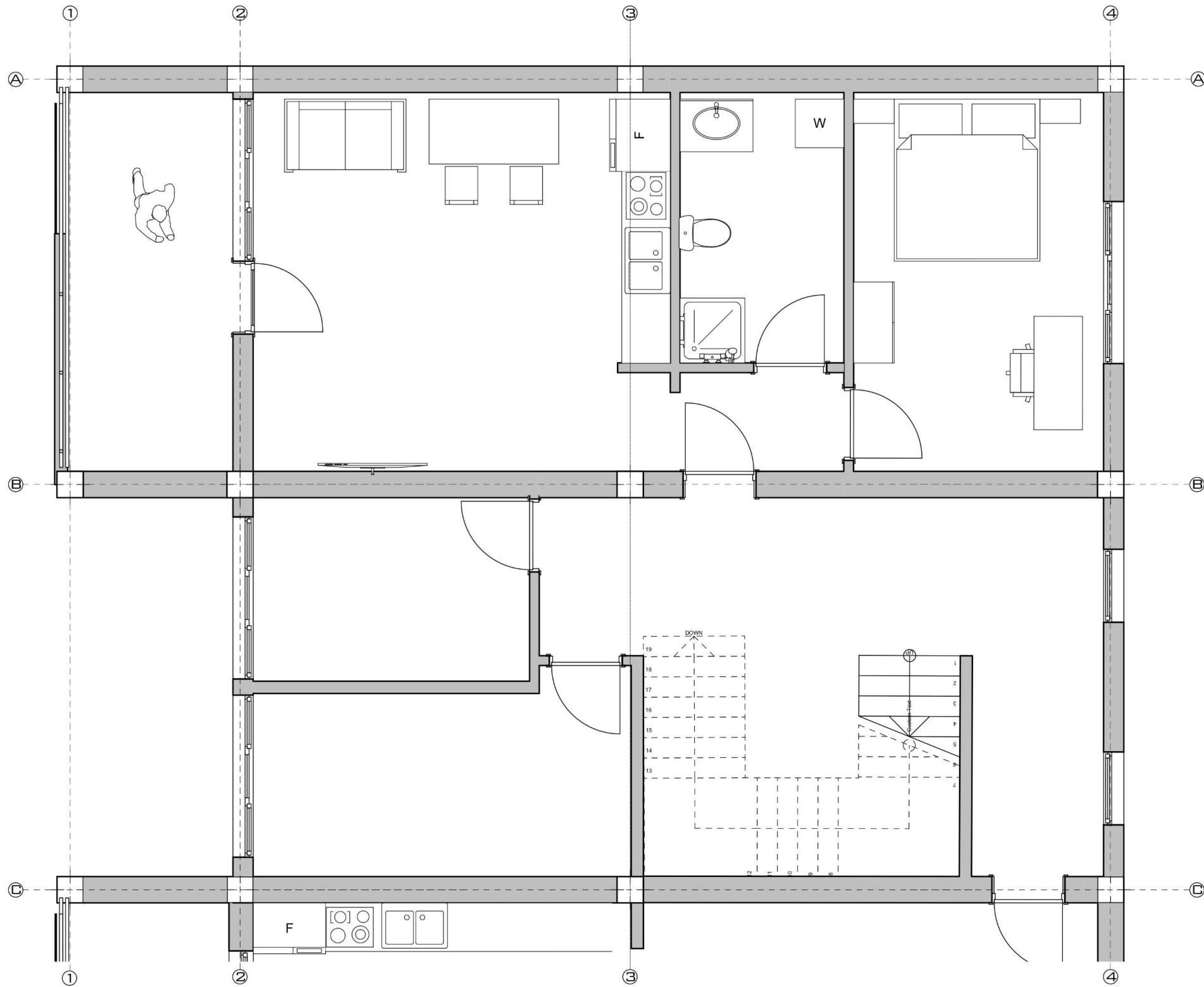


Structural diagram



Structural bay

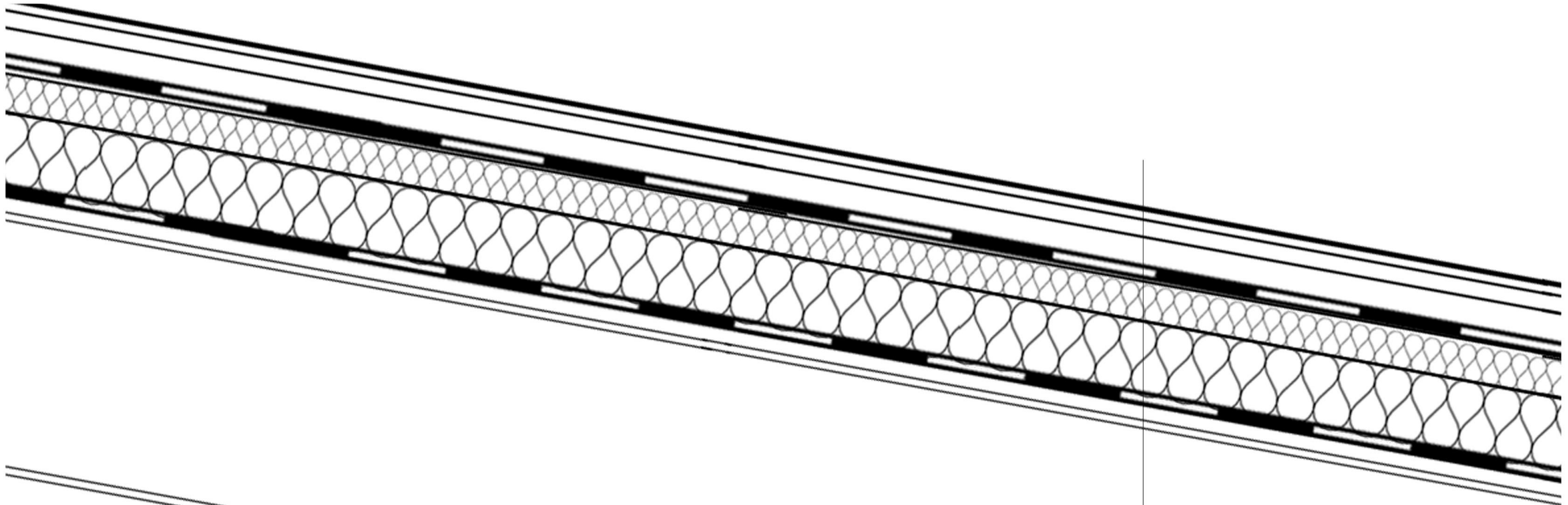




PART PLAN
SCALE 1:50

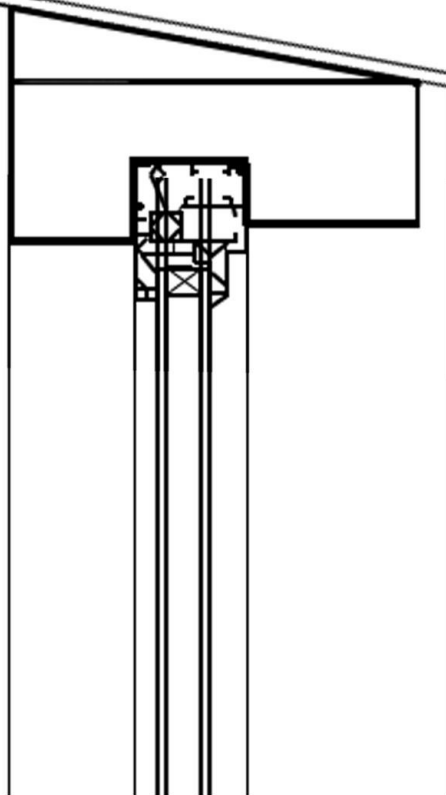
SCALE 1:50





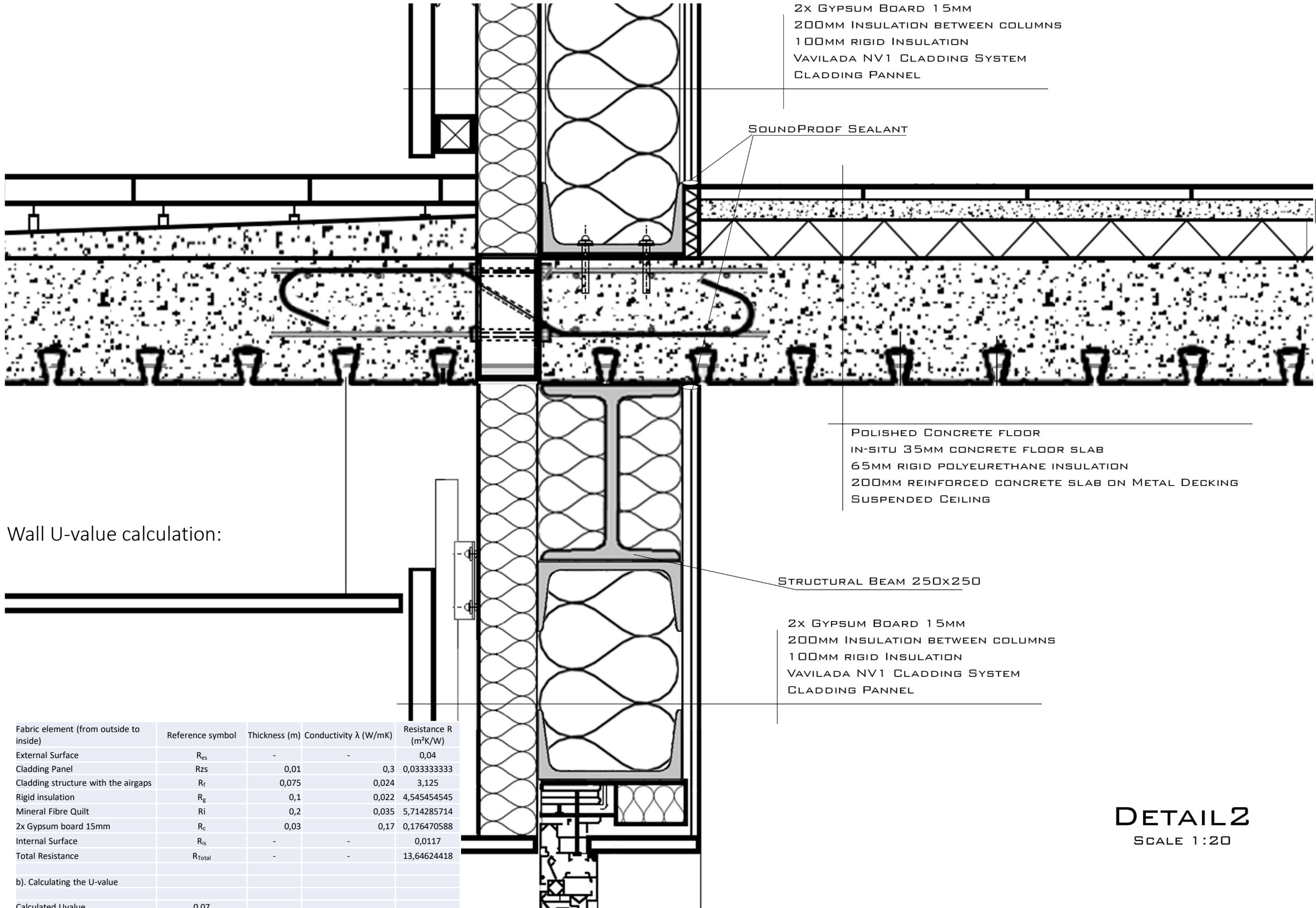
Roof U-value calculation:

Fabric element (from outside to inside)	Reference symbol	Thickness (m)	Conductivity λ (W/mK)	Resistance R (m ² K/W)
External Surface	R _{es}	-	-	0,04
Zink sheet	R _{zs}	0,002	0,17	0,011764706
Ventilated wooden board	R _f	0,02	0,04	0,5
Batens with Airgap	R _{ag}	0,05	0,024	2,083333333
Rigid insulation	R _g	0,05	0,022	2,272727273
Mineral Fibre Quilt	R _i	0,1	0,035	2,857142857
Wooden ceiling	R _c	0,022	0,17	0,129411765
Internal Surface	R _{is}	-	-	0,0117
Total Resistance	R _{total}	-	-	7,906079934
b). Calculating the U-value				
Calculated Uvalue	0,13			



- REINZINK SHEET
- 20MM WOODEN BOARD
- 50MM AIR GAP
- DAMP PROOF MEMBRANE
- 50MM RIGID INSULATION
- 100MM WOOL INSULATION
- VAPOUR RETARDER
- 22MM DESKS
- STEAL BEAM 325X325

DETAIL 3
SCALE 1:20

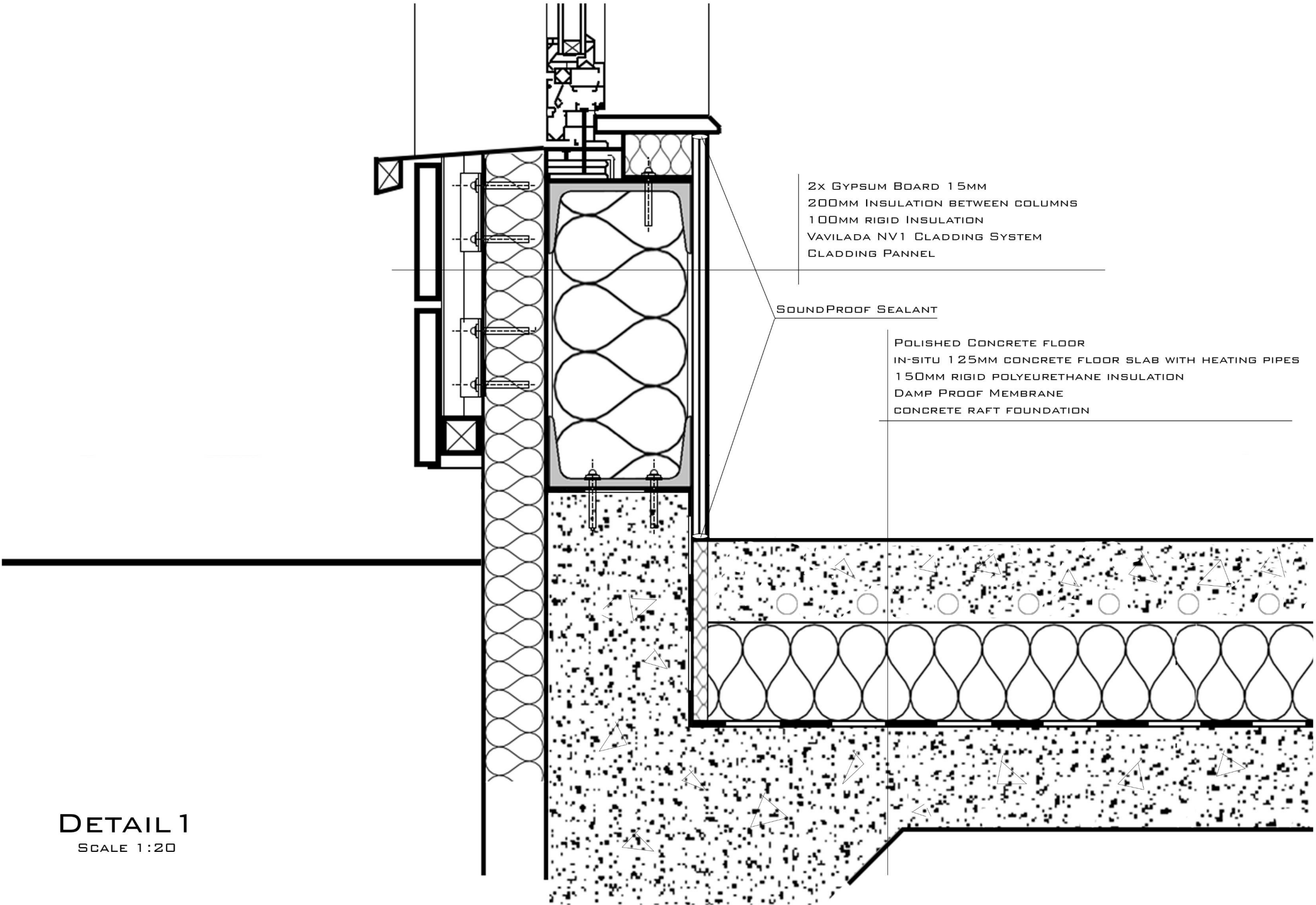


Wall U-value calculation:



Fabric element (from outside to inside)	Reference symbol	Thickness (m)	Conductivity λ (W/mK)	Resistance R (m ² K/W)
External Surface	R _{es}	-	-	0,04
Cladding Panel	R _{zs}	0,01	0,3	0,033333333
Cladding structure with the airgaps	R _f	0,075	0,024	3,125
Rigid insulation	R _g	0,1	0,022	4,545454545
Mineral Fibre Quilt	R _i	0,2	0,035	5,714285714
2x Gypsum board 15mm	R _c	0,03	0,17	0,176470588
Internal Surface	R _{is}	-	-	0,0117
Total Resistance	R _{Total}	-	-	13,64624418
b). Calculating the U-value				
Calculated Uvalue	0,07			

DETAIL 2
SCALE 1:20



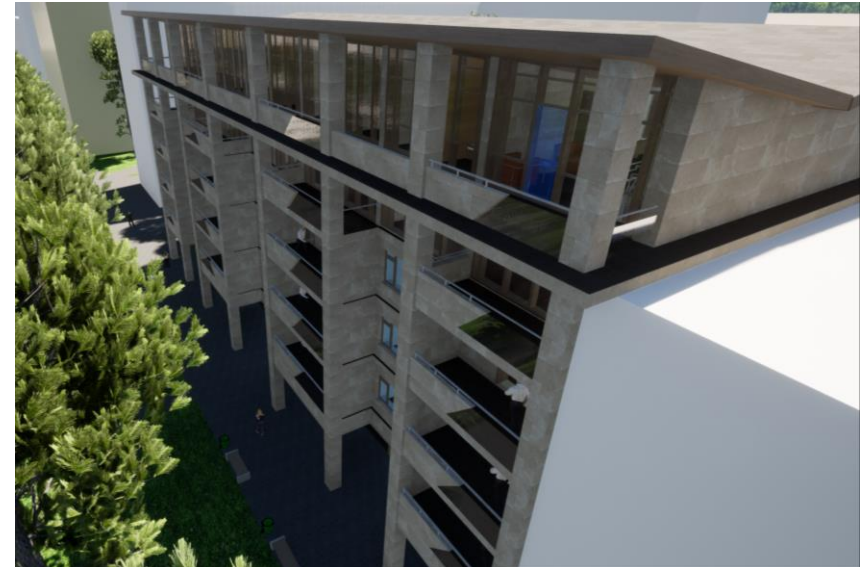
2x GYPSUM BOARD 15MM
200MM INSULATION BETWEEN COLUMNS
100MM RIGID INSULATION
VAVILADA NV1 CLADDING SYSTEM
CLADDING PANNEL

SOUNDPROOF SEALANT

POLISHED CONCRETE FLOOR
IN-SITU 125MM CONCRETE FLOOR SLAB WITH HEATING PIPES
150MM RIGID POLYEURETHANE INSULATION
DAMP PROOF MEMBRANE
CONCRETE RAFT FOUNDATION

DETAIL 1
SCALE 1:20

Heatloss Calculations (Entire Building)



Fabric Losses			
Element	U-value (W/m2K)	Area (m2)	AU (W/K)
Roof	0,13	460	59,8
Wall	0,07	1410	98,7
Floor	0,18	0	0
Window	1	540	540
Total Fabric Loss (W/K)			698,5

Ventilation Losses	
Area of Building (m2)	440
Building Height	20
Volume of Building	8800
Total Occupancy	50
Fresh Air Rate (l/s/p)	10
Total Fresh Air Required (l/s)	500
Converting from l/s to m3/s	0,50
Converting from m3/s to m3/hr	1800
Converting m3/hr to ACH	0,20
Fresh Air Change Rate (ACH)	0,20
Ventilation Loss (W/K)	600
Heat Recovery Efficiency	0,8
Total Ventilation Loss W/K	120

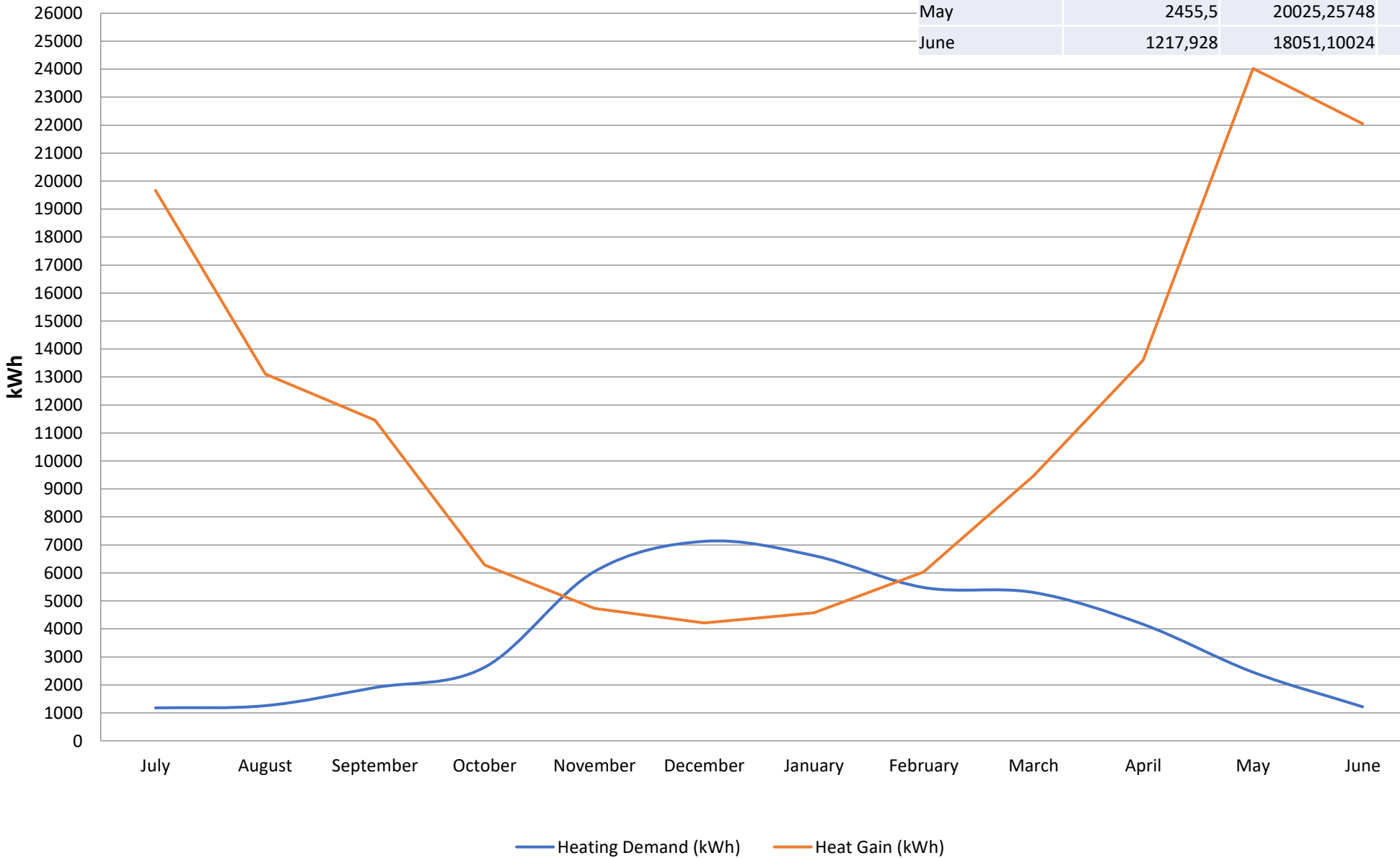
Calculating Total Heat Loss	
Tint	21
Text	5
Temperature Difference	16
Total Fabric Loss	699
Total Ventilation Loss	120
Total Heat Loss (W)	13096

Total Ventilation Loss (W/K)	120
Total Fabric Loss (W/K)	698,5
Calculating U'	0,8185

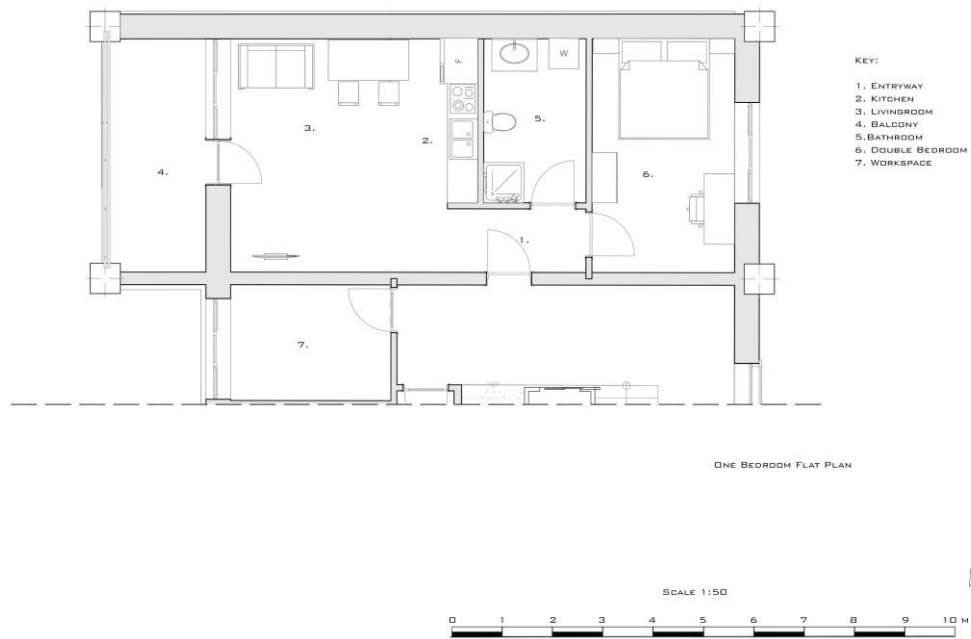
Annual Heating Graph

Month	Monthly Heating Demand	Solar Gain	Casual Gain	Monthly Heat Gains	Heating Season
	(kWh)	(kWh)	(kWh)	(kWh)	Hrs
July	1178,64	15672,57022	3996	19668,57022	0
August	1257,216	9109,152468	3996	13105,15247	0
September	1905,468	7462,537992	3996	11458,53799	0
October	2632,296	2289,659814	3996	6285,659814	0
November	6050,352	737,905896	3996	4733,905896	1
December	7130,772	220,4664696	3996	4216,46647	1
January	6620,028	576,9280296	3996	4572,92803	1
February	5480,676	2042,410126	3996	6038,410126	0
March	5303,88	5470,856539	3996	9466,856539	0
April	4164,528	9609,942514	3996	13605,94251	0
May	2455,5	20025,25748	3996	24021,25748	0
June	1217,928	18051,10024	3996	22047,10024	0

Annual Heating Graph



Heatloss Calculations (1 Bedroom flat south located)



Element	U-value (W/m2K)	Area (m2)	AU (W/K)
Fabric Losses			
Roof	0,13	0	0
Wall	0,07	45	3,15
Floor	0	0	0
Window	1	8	8
Total Fabric Loss (W/K)			11,15

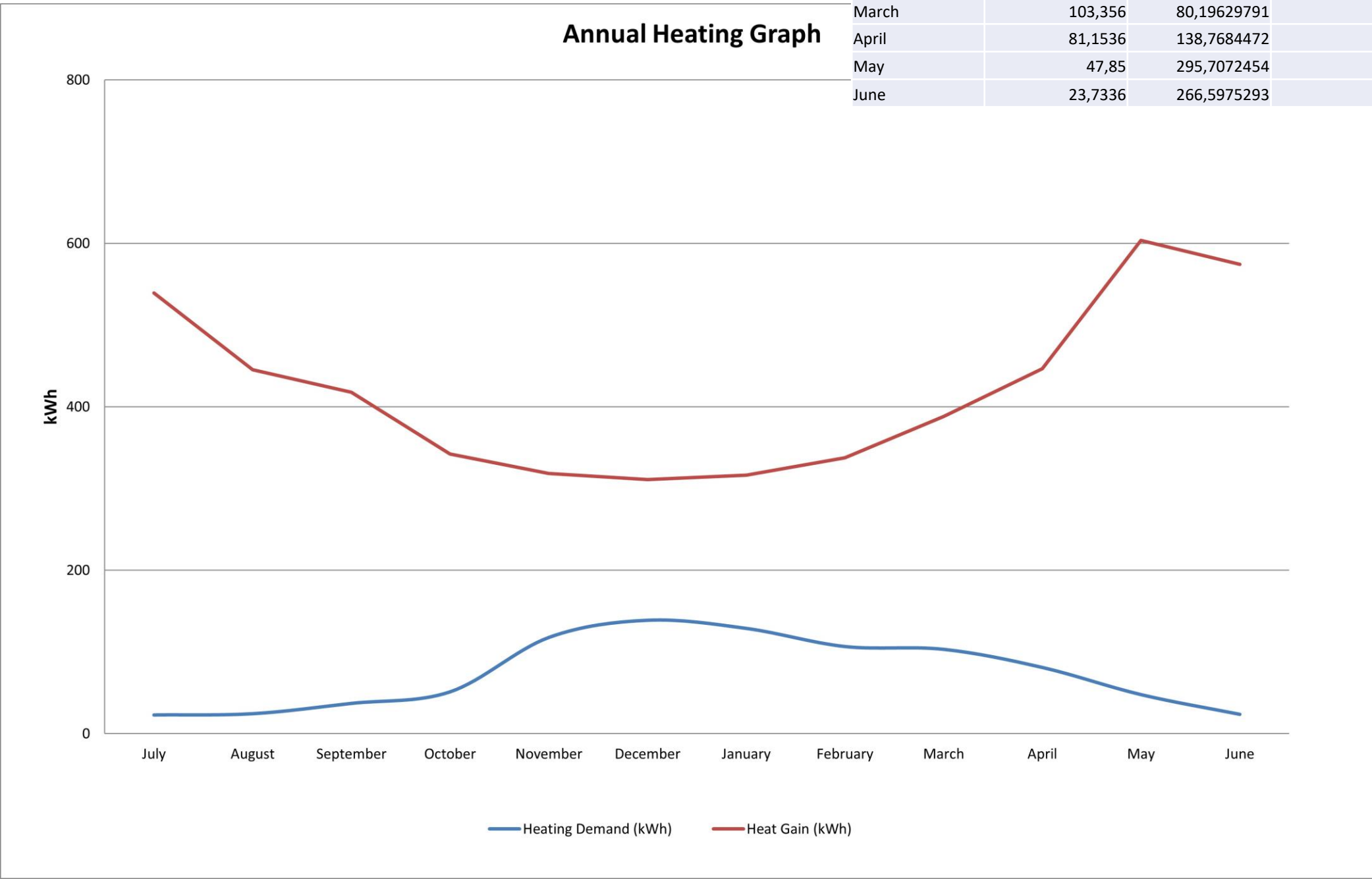
Ventilation Losses	
Area of Building (m2)	45
Building Height	2,65
Volume of Building	119,25
Total Occupancy	2
Fresh Air Rate (l/s/p)	10
Total Fresh Air Required (l/s)	20
Converting from l/s to m3/s	0,02
Converting from m3/s to m3/hr	72
Converting m3/hr to ACH	0,60
Fresh Air Change Rate (ACH)	0,60
Ventilation Loss (W/K)	24
Heat Recovery Efficiency	0,8
Total Ventilation Loss W/K	5

Calculating Total Heat Loss	
Tint	21
Text	5
Temperature Difference	16
Total Fabric Loss	11
Total Ventilation Loss	5
Total Heat Loss (W)	255

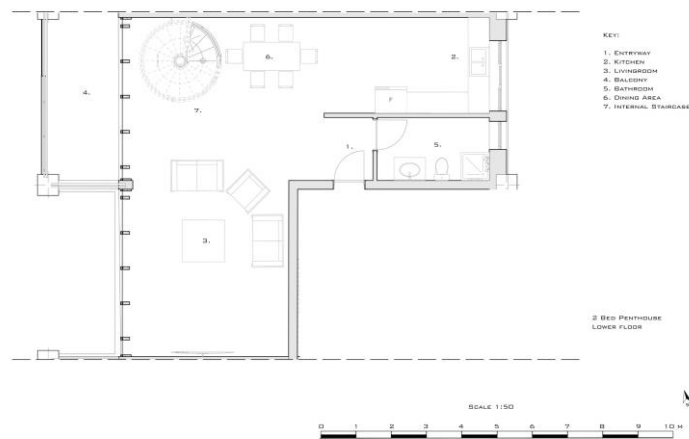
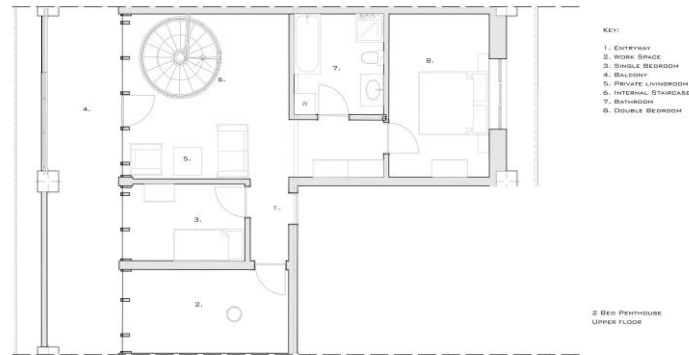
Total Ventilation Loss (W/K)	5
Total Fabric Loss (W/K)	11,15
Calculating U'	0,01595

Annual Heating Graph

Month	Monthly Heating Demand	Solar Gain	Casual Gain	Monthly Heat Gains	Heating Season
	(kWh)	(kWh)	(kWh)	(kWh)	Hrs
July	22,968	231,4986974	307,8	539,2986974	0
August	24,4992	137,7285537	307,8	445,5285537	0
September	37,1316	109,8592241	307,8	417,6592241	0
October	51,2952	34,32249677	307,8	342,1224968	0
November	117,9024	10,75153842	307,8	318,5515384	0
December	138,9564	3,356232732	307,8	311,1562327	0
January	129,0036	8,473654638	307,8	316,2736546	0
February	106,8012	29,93173371	307,8	337,7317337	0
March	103,356	80,19629791	307,8	387,9962979	0
April	81,1536	138,7684472	307,8	446,5684472	0
May	47,85	295,7072454	307,8	603,5072454	0
June	23,7336	266,5975293	307,8	574,3975293	0



Heatloss Calculations (2 Bedroom Penthouse north located)



Element	U-value (W/m2K)	Area (m2)	AU (W/K)
Roof	0,13	70	9,1
Wall	0,07	78,4	5,488
Floor	0	0	0
Window	1	65,3	65,3
Total Fabric Loss (W/K)			79,888

Ventilation Losses	
Area of Building (m2)	70
Building Height	6
Volume of Building	420
Total Occupancy	4
Fresh Air Rate (l/s/p)	10
Total Fresh Air Required (l/s)	40
Converting from l/s to m3/s	0,04
Converting from m3/s to m3/hr	144
Converting m3/hr to ACH	0,34
Fresh Air Change Rate (ACH)	0,34
Ventilation Loss (W/K)	48
Heat Recovery Efficiency	0,8
Total Ventilation Loss W/K	10

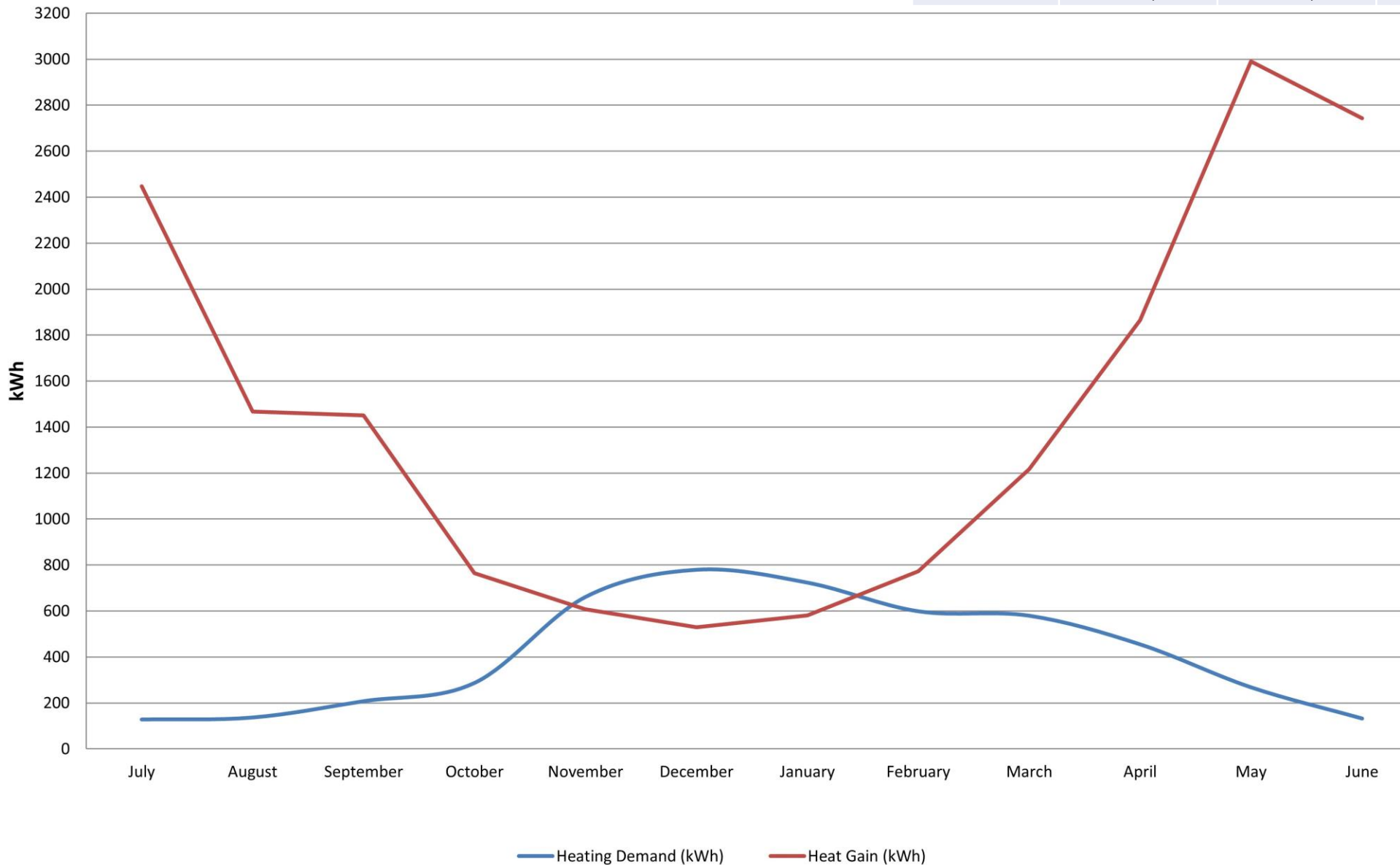
Calculating Total Heat Loss	
Tint	21
Text	5
Temperature Difference	16
Total Fabric Loss	80
Total Ventilation Loss	10
Total Heat Loss (W)	1432

Total Ventilation Loss (W/K)	10
Total Fabric Loss (W/K)	79,888
Calculating U'	0,089488

Annual Heating Graph

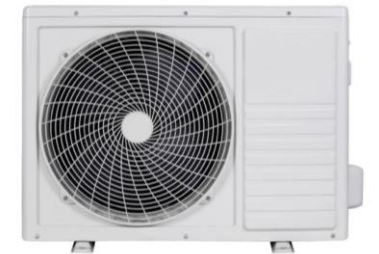
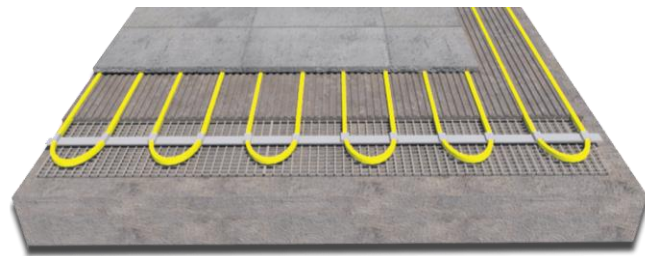
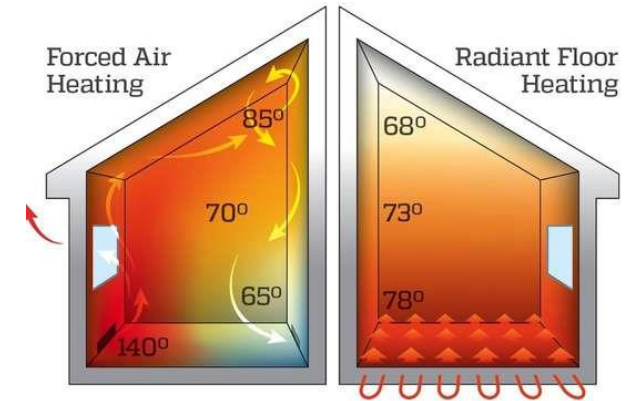
Month	Monthly Heating Demand	Solar Gain	Casual Gain	Monthly Heat Gains	Heating Season
	(kWh)	(kWh)	(kWh)	(kWh)	Hrs
July	128,86272	1939,872148	507,6	2447,472148	0
August	137,453568	959,121245	507,6	1466,721245	0
September	208,328064	943,253802	507,6	1450,853802	0
October	287,793408	256,8027135	507,6	764,4027135	0
November	661,495296	99,177246	507,6	606,777246	1
December	779,619456	22,0040976	507,6	529,6040976	1
January	723,778944	73,9586778	507,6	581,5586778	1
February	599,211648	265,3347071	507,6	772,9347071	0
March	579,88224	709,6561168	507,6	1217,256117	0
April	455,314944	1357,927233	507,6	1865,527233	0
May	268,464	2483,11687	507,6	2990,71687	0
June	133,158144	2236,092372	507,6	2743,692372	0

Annual Heating Graph



Heating and Cooling Strategy

Majority of the buildings are fitted with traditional radiator heating system, mostly run on fossil fuels such as gas which has to be gone by 2030. Modern radiators are able to run on renewable electricity from the grid. However radiators cannot distribute heat equally throughout the room creating cold spots in the room and they are operating on much higher temperatures making this technology less efficient than properly designed underfloor heating. Many buildings designed with electric floor heating are missing an additional function which could be provided by underfloor water heating. The same pipework system which supply heat during cold season can be used to cool the structure during hot seasons. Floor cooling needs less energy as differences between temperatures of the medium (water) and the environment is much smaller than temperature differences in air-conditioning. Also there can be a problem with cold air standing low (close to the floor's surface) where a good solution can be mechanical ventilation to achieve optimal air movement.



Air-Condition

Floor heating/cooling strategy

Pros:

- More efficient than traditional heating
- Can provide cooling replacing for less efficient air-conditioning
- More space (design freedom)
- Works with all types of floor covering

Cons:

- Initial cost of construction is higher
- Taking more time to install than different strategies
- Thickness of floor is bigger

Traditional radiator heating

Pros:

- Initial cost of installation is much cheaper than for FH
- Easier and quicker to install
- No need to consider a floor depth
- Works with all types of floor covering

Cons:

- Can deplete oxygen level
- Heat and collision hazard
- Less efficient due to medium (water) high temperatures
- Taking a certain amount of space

Pros:

- Increase in our productivity
- Protection against heat strokes
- Protection against insects
- Assists in excluding external allergens like pollen
- Good installation and maintenance of A/C renews and enhances the quality of air

Cons:

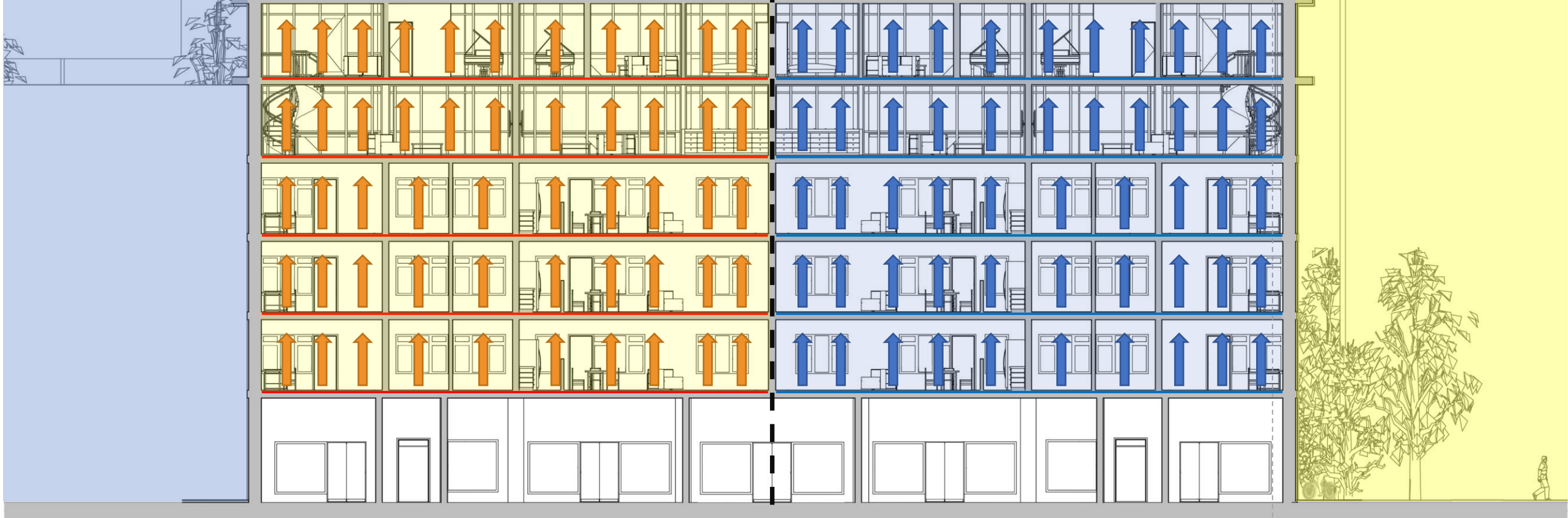
- Breathing ground for bacteria
- Can weaken the immune system
- Needs a lot of energy
- Can be costly
- May contribute to ozone depletion

Floor Heating/Cooling Diagrams

Heating during cold season



Cooling during hot season



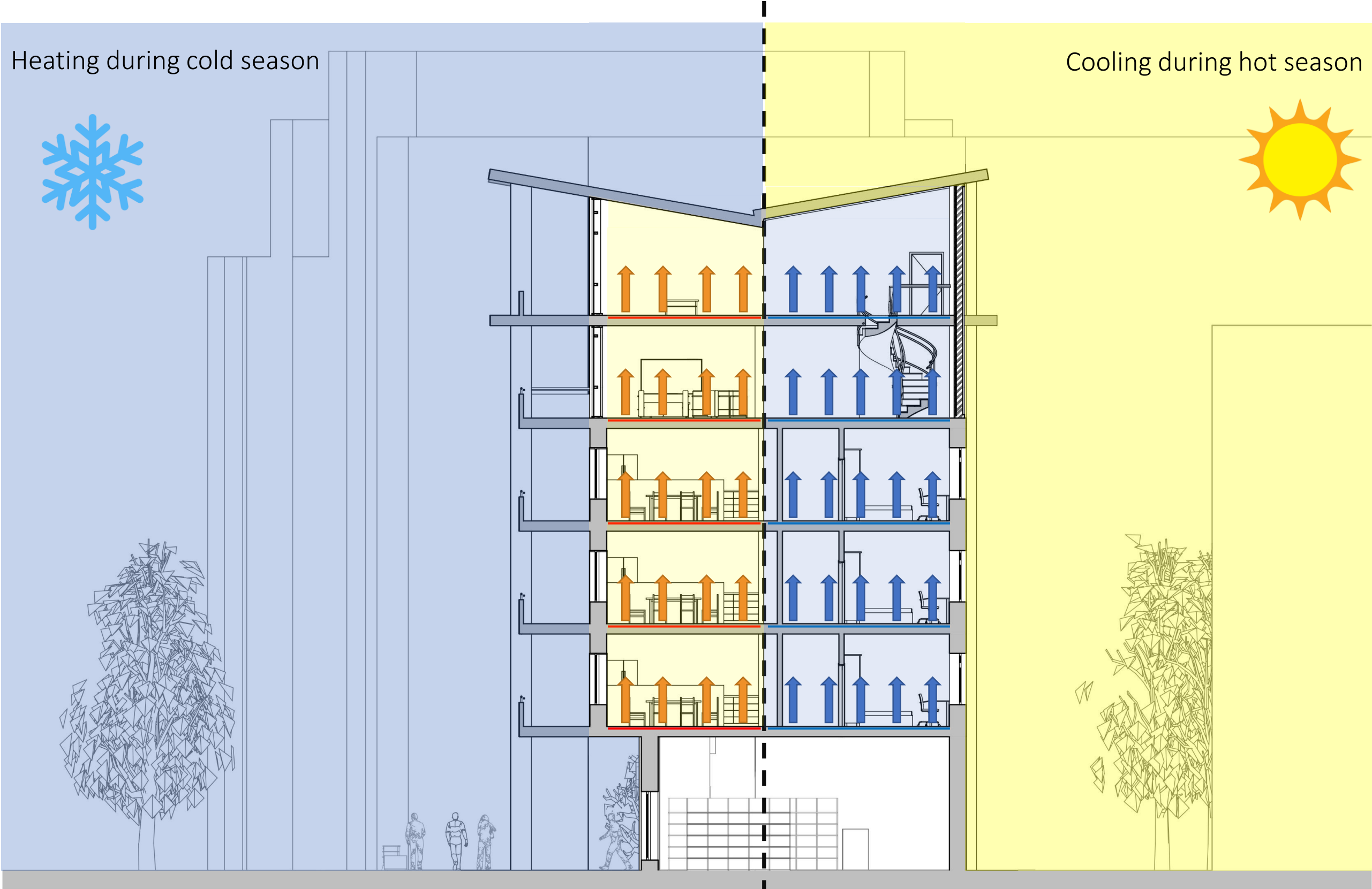
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0 1 2 3 4 5 6 7 8 9 10 M

SECTION A-A
(REDUCED)

Floor Heating/Cooling Diagrams

Heating during cold season

Cooling during hot season



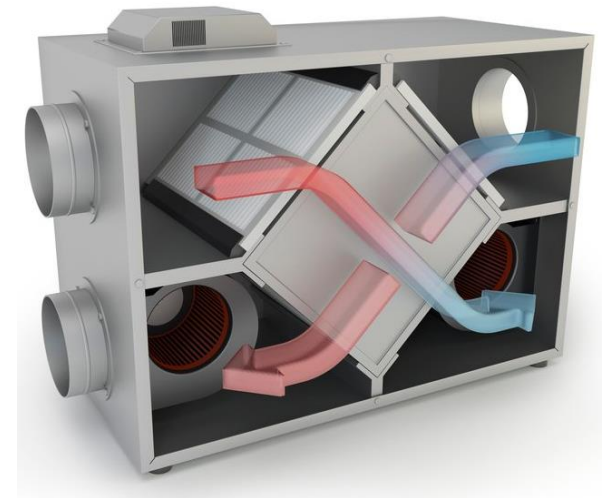
SCALE 1:100



SECTION B-B

Ventilation Strategy

A heat recovery system (also called HRV or MVHR) works via a heat recovery ventilation unit. It is increasingly used to reduce the heating and cooling demands of buildings. This is because HRV draws the heat from the extracted air and passes it to the air which is being filtered in from outside. This way, the system makes use of what already exists as well as reduces our collective impact on the environment, and that includes the amount of heat we lose to the environment daily. Having an airtight building and good ventilation is important to avoid poor indoor air quality which can cause some respiratory problems. HRV will extract the moist, stale air from all the wet rooms and replace it with clean, filtered, fresh, warm air without letting the heat escape. The big volume of my building requires a big amount of fresh air (1800 m³/hr) and HRV provides an opportunity to reduce ventilation loss from 600 W/K to 120 W/K.



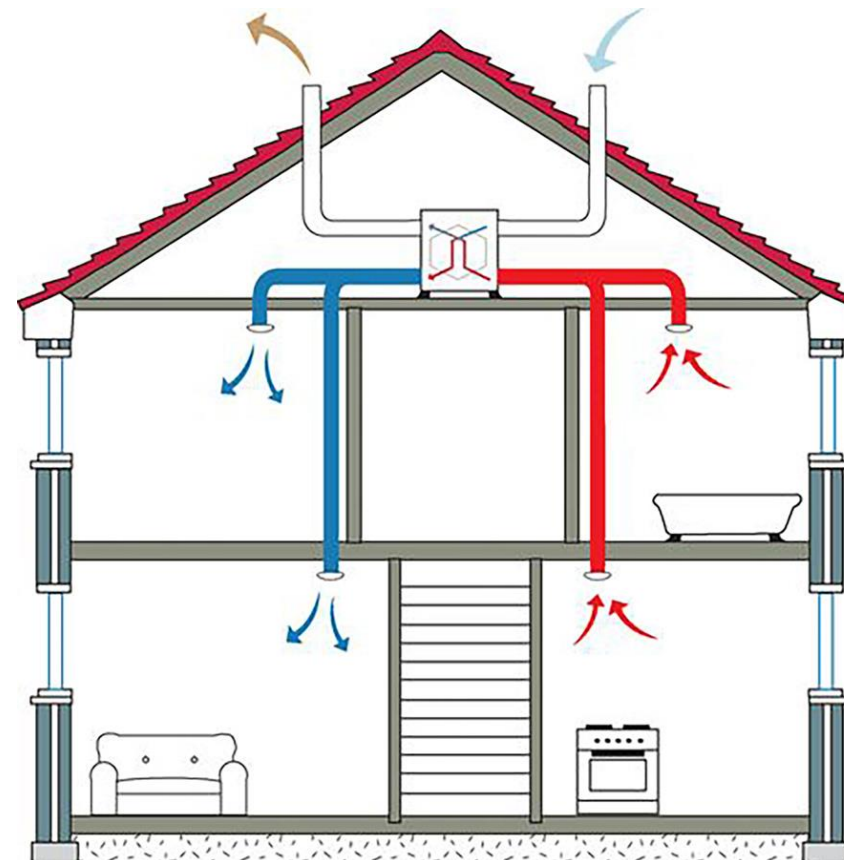
Mechanical Ventilation with Heat Recovery system

Pros:

- Better air quality and filtration
- Constant supply of fresh and filtered air to your home
- Reduces heating cost
- Lowers humidity and condensation
- Can recover almost 95% of heat losses caused by ventilation

Cons:

- Maintenance – filters need to be changed each 6 months
- Price – High initial cost
- Need some space for unit and ducting runs



Ventilation Strategy

Mechanical Ventilation with Heat Recovery System







FLOORS 1-3

KEY:

- | | | |
|--------------------|--------------------|--------------------|
| 1. STAIRCASE | 3 BEDROOM FLAT | 2 BEDROOM FLAT |
| 1 BEDROOM FLAT | 3,1 ENTRYWAY | 4,1 ENTRYWAY |
| 2.1 ENTRYWAY | 3,2 KITCHEN | 4,2 KITCHEN |
| 2.2 KITCHEN | 3,3 LIVING ROOM | 4,3 LIVING ROOM |
| 2.3 LIVING ROOM | 3,4 BALCONY | 4,4 BALCONY |
| 2.4 BALCONY | 3,5 BATHROOM | 4,5 BATHROOM |
| 2.5 BATHROOM | 3,6 DOUBLE BEDROOM | 4,6 DOUBLE BEDROOM |
| 2.6 DOUBLE BEDROOM | 3,7 DOUBLE BEDROOM | 4,7 SINGLE BEDROOM |
| 2.7 WORK SPACE | 3,8 SINGLE BEDROOM | 4,8 WORK SPACE |
| | 3,9 WORK SPACE | |

Key:

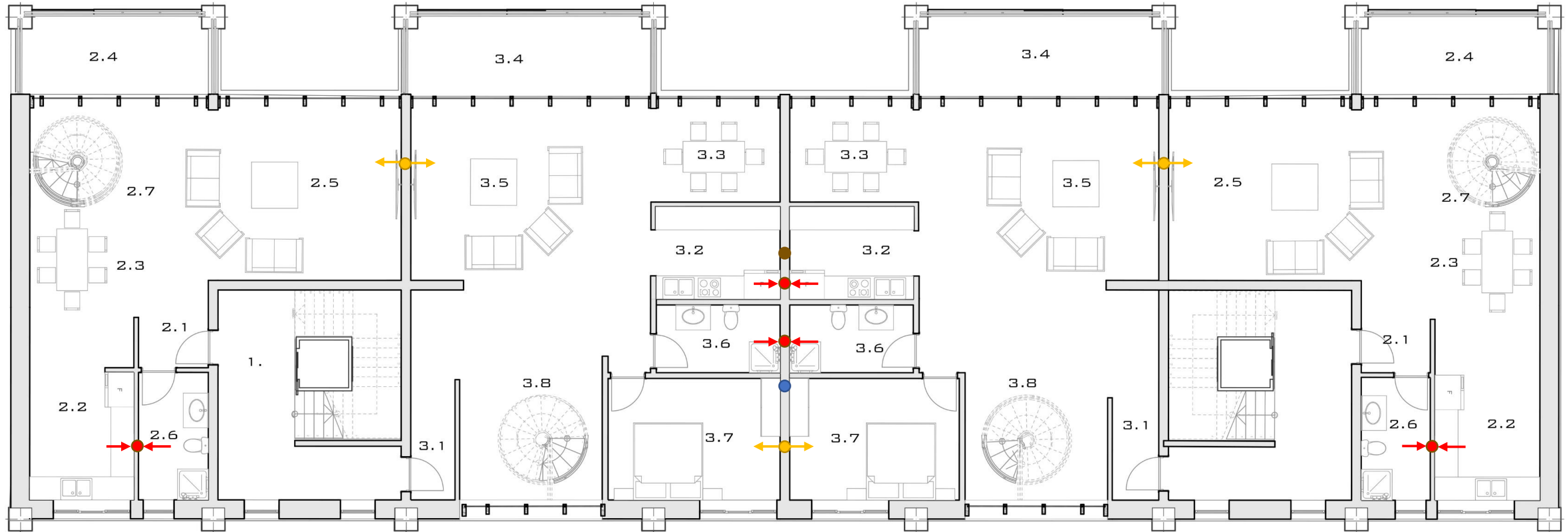
-  Stuffy moist air out
-  Cooled exhaust air
-  Cold air from outside
-  Warm fresh air in

SCALE 1:100



Ventilation Strategy

Mechanical Ventilation with Heat Recovery System



4TH FLOOR

KEY:

- 1. STAIRCASE
- 2 BEDROOM PENTHOUSE
- 2.1 ENTRYWAY
- 2.2 KITCHEN
- 2.3 DINING AREA
- 2.4 BALCONY
- 2.5 LIVING ROOM
- 2.6 WC
- 2.7 INTERNAL STAIRS

- 3 BEDROOM PENTHOUSE
- 3.1 ENTRYWAY
- 3.2 KITCHEN
- 3.3 DINING AREA
- 3.4 BALCONY
- 3.5 LIVING ROOM
- 3.6 WC
- 3.7 DOUBLE BEDROOM
- 3.8 INTERNAL STAIRS

Key:

- Stuffy moist air out
- Cooled exhaust air
- Cold air from outside
- Warm fresh air in

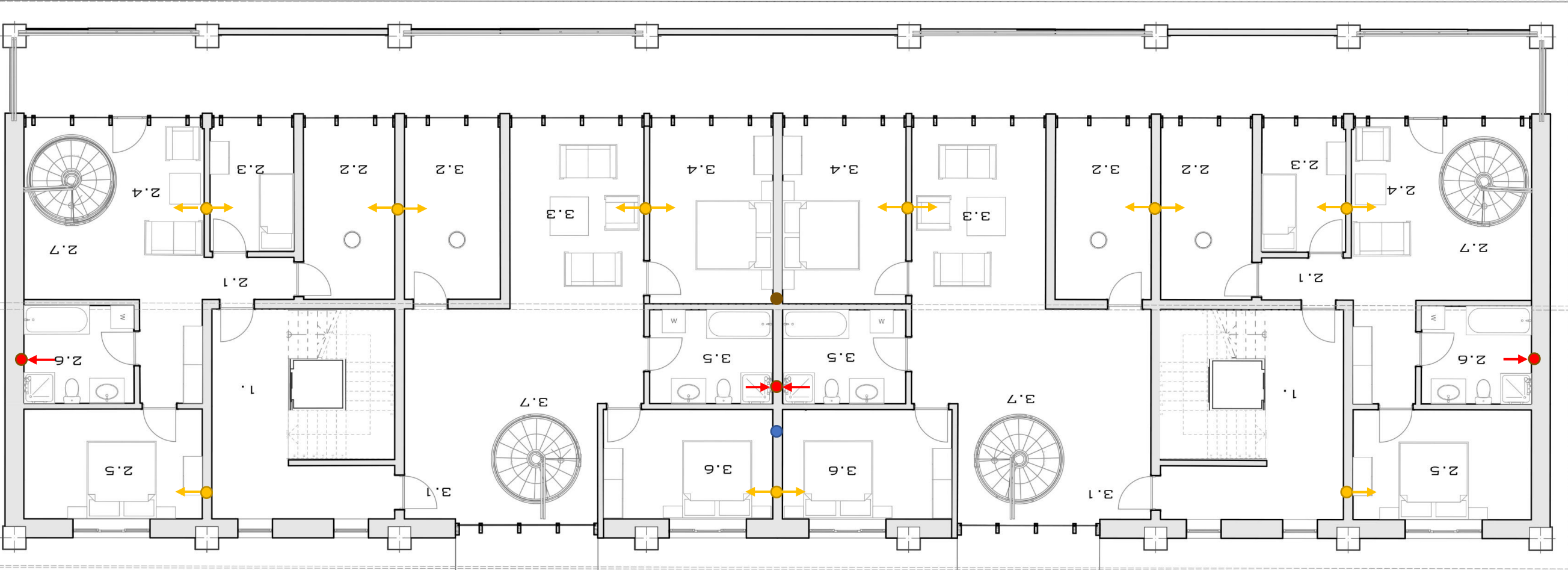


SCALE 1:100



Ventilation Strategy

Mechanical Ventilation with Heat Recovery System



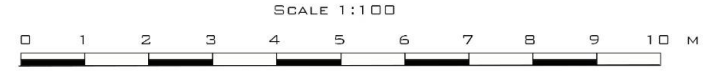
5TH FLOOR

KEY:

- 1. STAIRCASE
- 2BEDROOM PENTHOUSE
 - 2.1 ENTRYWAY
 - 2.2 WORK SPACE
 - 2.3 SINGLE BEDROOM
 - 2.4 PRIVATE LIVING ROOM
 - 2.5 DOUBLE BEDROOM
 - 2.6 BATHROOM
 - 2.7 INTERNAL STAIRS
- 3BEDROOM PENTHOUSE
 - 3.1 ENTRY WAY
 - 3.2 WORK SPACE
 - 3.3 PRIVATE LIVING ROOM
 - 3.4 DOUBLE BEDROOM
 - 3.5 BATHROOM
 - 3.6 DOUBLE BEDROOM
 - 3.7 INTERNAL STAIRS

Key:

- Stuffy moist air out
- Cooled exhaust air
- Cold air from outside
- Warm fresh air in

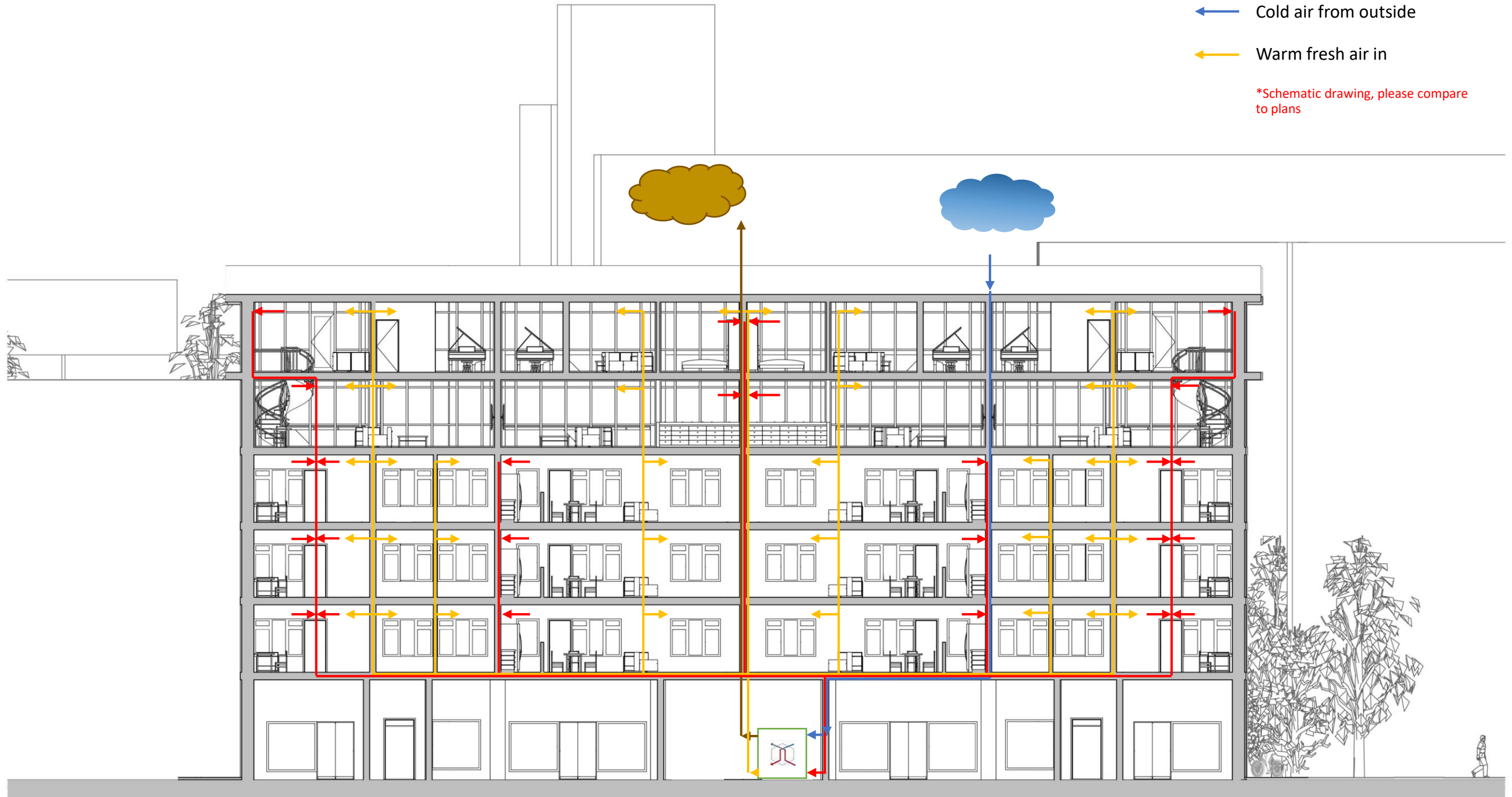


Ventilation Strategy Mechanical Ventilation with Heat Recovery System

Key:

- ← Stuffy moist air out
- ← Cooled exhaust air
- ← Cold air from outside
- ← Warm fresh air in

*Schematic drawing, please compare to plans



SECTION A-A
(REDUCED)

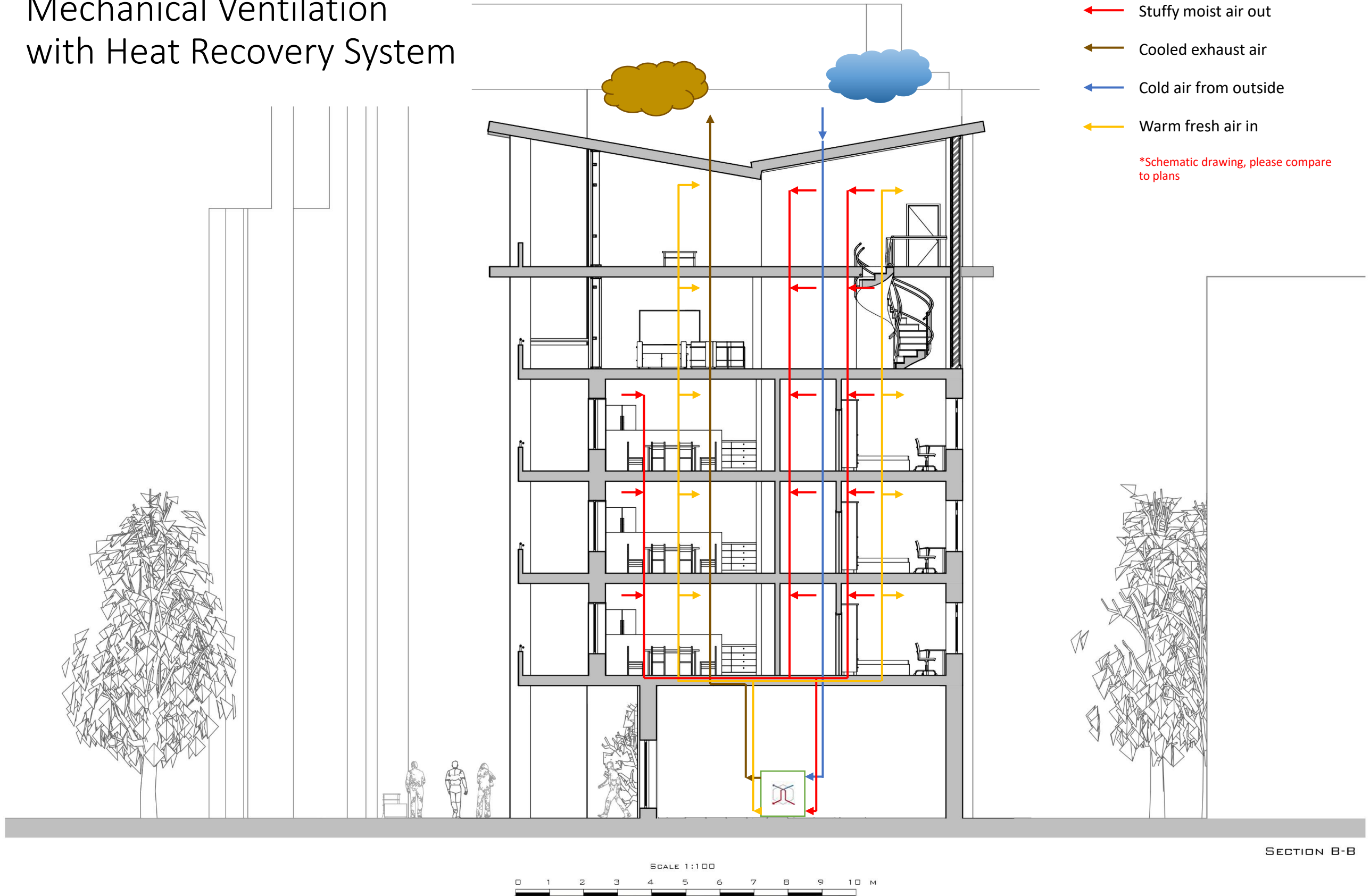
SCALE 1:100
0 1 2 3 4 5 6 7 8 9 10 M

Ventilation Strategy Mechanical Ventilation with Heat Recovery System

Key:

- ← Stuffy moist air out
- ← Cooled exhaust air
- ← Cold air from outside
- ← Warm fresh air in

*Schematic drawing, please compare to plans



SECTION B-B